

# Child & Youth Facts

Prevention and early intervention efforts targeted to children, youth and their families can improve school readiness, health status and academic achievement.

**40-50%**

of office visits to pediatricians are for mental health challenges

**1 in 6**

children and youth in Canada will experience a mental health challenge that impacts their ability to function in school, at home, and in their community.

**Suicide**

is the second leading cause of death in Canada among 10-24-year-olds.

i care  
about  
you!

#may7icare

**1.6 million**

At least three out of five children and youth with mental health challenges are not receiving mental health services - that's approximately 1.6 million children and youth in Canada.

**70%**

of all mental health challenges begin before the age of 23

2020 marks the 14th National Child & Youth Mental Health Day in Canada - founded and led by FamilySmart.



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