

Fortune Teller Instructions



Instructions for Using Unfolding Fortune Teller

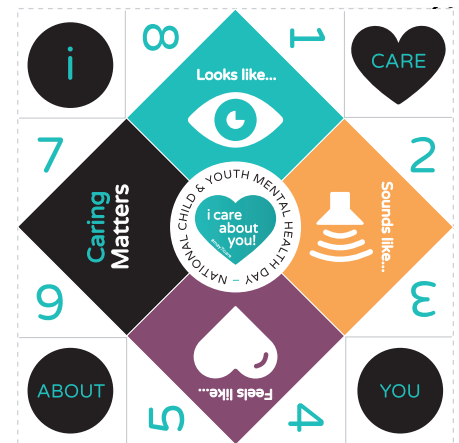
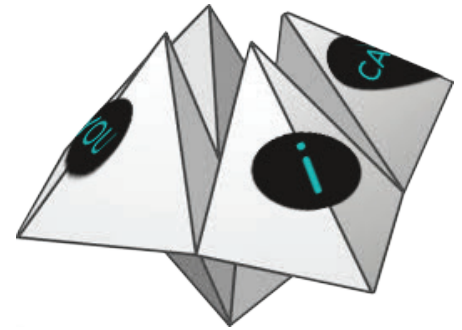
Have young people think and talk about what caring looks like to them and how they show caring to others and then have them write different examples behind each of the numbers on the fortune teller - one example per number.

Encourage them to Play with others following these instructions:

TO PLAY

1. Slide your thumbs and forefingers under the four flaps.
2. Read “I care about you” on the top of the game, pinching and opening your fingers once for each word.
3. Choose a number from the inside, and pinch and open your fingers that many times
4. Choose a number once more and unfold the flap to discover one of the thoughts filled out to share.

Also, encourage young people to share it with the caring adults in their lives, or their friends.



Thank you for your efforts on Child & Youth Mental Day!