



May 7th, 2020

PROCLAMATION: CHILD & YOUTH MENTAL HEALTH DAY.

Whereas, good mental health is a key component in a child’s overall healthy development and Child & Youth Mental Health Day provides the opportunity to focus on this, and encourage Caring Connected Relationships.

Whereas, An estimated 1.2 million **children and youth** in Canada are affected by **mental illness**—yet, less than 25 per cent will receive appropriate treatment.

Whereas research has shown early identification and appropriate care of mental health challenges among children and youth provide them better outcomes now and in the future.

Whereas, this year’s theme is ‘I care about you.’ May 7th is about having caring conversations and making connections between children, youth and caring adults in their lives.

Whereas, Caring Connections enhance the mental health of children and youth and it is part of their overall health.

Whereas, we are all made of up many pieces that help us be healthy. For May 7th we invite everyone to help foster well-being and caring connected relationships with a child & youth in their lives by encouraging conversations about what caring looks like, sounds like or feels like to them and how they show they care about others. Therefore, I (Name) _____, (Title) _____ of the (Name of City) _____, do hereby proclaim May 7, 2020, as Child & Youth Mental Health Day.

Now, Therefore, I (Name) _____, (Title) _____ of the (Name of City) _____, do hereby proclaim May 7, 2020, as Child & Youth Mental Health Day.